



## REGISTRATION INFORMATION

**Who Should Attend:** This conference is for educators, health personnel, administrators, counselors, social and youth service workers, parents, clergy, teen parent program staff, teens, community members and others who wish to increase their knowledge and skills in addressing adolescent sexuality issues. Emphasis is on covering a wide spectrum of adolescent sexuality topics.

### **Conference Site:**

Seaside Convention Center / 415 First Avenue / Seaside, OR 97138 / Phone: 503-738-8585  
[www.seasideconvention.com](http://www.seasideconvention.com)

### **Registration Information:**

Early Bird Registration Fee through March 22, 2013:	\$150.00
Registration Fee after March 22, 2013:	\$175.00
Youth	\$ 75.00
Presenter (no fee) (One presenter per workshop):	\$ 0.00
Co-Presenter (One co-presenter only, additional at regular fee):	\$ 75.00

Register on-line at [www.oregon-asc.org](http://www.oregon-asc.org) by **April 12, 2013:**

### **Select one payment option:**

- 1) Register and pay on-line by credit card.
- 2) Register on-line and make payment by sending check or purchase order payable to:

#### **Oregon Teen Pregnancy Task Force (OTPTF)**

P.O. Box 12125  
Portland, OR 97212  
Tax ID# 93-0836221

If payment is for multiple attendees, please list names of attendees.

No refunds will be made for cancellations received after April 12, 2013. Refunds made prior to that date will be subject to a \$20.00 processing fee.

### **Lodging:**

Lodging reservations or cancellations are the responsibility of the participants.

There are many options for staying in Seaside including hotels, motels, bed and breakfasts, and vacation homes for rent. A lodging list and tourist information are available from the Seaside Visitors Bureau by calling 1-503-738-3097.

The following hotels have agreed to offer conference rates. Please identify yourself as an attendee of the Adolescent Sexuality Conference to obtain the group rate.

Inn at Seaside (formerly Seaside Convention Center Inn)	800-699-5070 or 503-738-9581
Inn at the Shore	800-713-9914 or 503-738-3113
Rivertide Suites	877-871-tide (8433)
Shilo Inn Seaside Oceanfront Resort	800-222-2244 or 503-738-9571
Best Western Ocean View Resort	800-234-8439 or 503-738-3334

### **Meals provided:**

#### Monday, April 22nd

Lunch is provided

#### Tuesday, April 23rd

Continental Breakfast and lunch are provided

**Dress:** Dress for the meeting is casual attire.



**Bookstore:** Cannon Beach Book Co. will be on site with a selection of books for purchase.

<http://www.cannonbeachbooks.com>

# Adolescent Sexuality Conference

## Keynote Attractions

### **Loretta Ross**

Co-founder and the National Coordinator of the SisterSong Women of Color Reproductive Justice Collective

#### ***Sexuality as a Human Right!***

Human rights is the framework to discuss sex and sexuality – keynote will explain how working for sexual rights of adolescents is part of the human rights movement.

This allows us to anchor our claim for information, education, drugs, devices, and for sexual pleasure. Keynote will address international law and norms largely unknown and unused by those in the United States.

This has the exciting benefit to move beyond the log jam of discussing the sex and sexuality of young people.

### **Jenn Burleton**

Founder and Executive Director of TransActive Education & Advocacy

#### ***Who We Are Is Not Who We Love***

With all of the focus on sexual orientation, romantic preference and marriage equality-related issues, the life-long challenge of self-discovery and core identity can become easily lost in the shuffle – but it remains the primary thing that defines not only our individuality, but our very humanity. Jenn Burleton, Founder and Executive Director of TransActive and a lifelong advocate for trans\* rights, specifically those related to children and youth will explore and share with you her journey of self-discovery and her perspective on how and why culture continues to obsess over sexuality while minimizing and marginalizing individual identity.

### **Héctor Sánchez-Flores**

Executive Director of the National Compadres Network (NCN) and the National Latino Fatherhood & Family Institute (NLFFI)

#### ***Connecting Youth, Parents, Communities, and Stakeholders to Create a Shared Vision of Success and Harmony***

Historically teen pregnancy prevention has too often operated in a silo that focuses on physical development, reproductive health, abstinence, and contraceptive usage. However, youth and the adults that support them understand that having hope, opportunity, and positive vision are great motivators to staying healthy and happy. Providers must understand how their best practices can blend with other community activities to uncover and reinforce inherent strengths and assets so as to create a climate of promotion vs. prevention.

**Adolescent Sexuality Conference**  
**Seaside Convention Center**  
**April 22-23, 2013**

**Agenda at a Glance**

**Monday, April 22, 2013**

9:30 AM	Registration Exhibit Area Open
10:15 AM – 10:45 AM	Welcome/Announcements <b>Ely Sanders,</b> <b>L. Kris Gowen, Ph.D., Ed.M</b>
10:45 AM – 12:00 PM	Workshops A1 – A7
12:00 PM – 1:15 PM	Lunch <b>Keynote Speaker</b> <i>Loretta Ross</i> <i>Co-Founder and the National Coordinator of the SisterSong Women of Color Reproductive Justice Collective</i>
1:30 PM – 2:45 PM	Workshops B1 – B6
2:45 PM – 3:00 PM	Break
3:00 PM – 4:15 PM	Workshops C1 – C7
4:30 PM – 5:30 PM	Teen Pregnancy Task Force Meeting

**Tuesday, April 23, 2013**

8:30 AM – 9:00 AM	Continental Breakfast Exhibit Area Open
9:00 AM – 9:15 AM	Announcements <b>Ely Sanders,</b> <b>L. Kris Gowen, Ph.D., Ed.M</b>
9:15 AM – 10:30 AM	<b>Keynote Speaker</b> <i>Jenn Burleton</i> <i>Executive Director, TransActive Education and Advocacy</i>
10:30 AM – 10:45 AM	Break
10:45 AM – 12:00 PM	Workshops D1 – D7
12:00 PM – 1:15 PM	Lunch <b>Keynote Speaker</b> <i>Héctor Sánchez-Flores</i> <i>Executive Director, National Compadres Network (NCN) and the National Latino Fatherhood &amp; Family Institute (NLFFI)</i>
1:30 PM – 2:45 PM	Workshops E1 – E7
2:45 PM – 3:00 PM	Break
3:00 PM – 4:15 PM	Workshops F1 – F5
	Adjourn Have a safe trip home

## CONFERENCE WORKSHOPS

### **A1 – Talking in the Pews: Reflections on Working with Houses of Faith**

*Albina Ministerial Alliance House of Faith Youth,  
Mariotta Gary-Smith, MPH*

This workshop will feature youth and adult members of primarily African American Houses of Faith (HOF) in the Portland metro area who are being trained as Community Health Workers (CHW). Discussion and activities will center on the challenges and opportunities of working on HIV/STI/Sexual Health issues within HOF including a description of the CHW HOF program and the experiences to date.

**Intended Primary Audience:** Community Member, Social Service Provider, Youth, Community Health Workers

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

### **A2 – From Hesitancy to Truth: Empowering Adolescents to Discuss Sexual Health and Intimacy through School-Based Life Coaching**

*Sheri A. Castro-Atwater, Ph.D., P.P.S.*

The goal of this presentation is to describe the methods and communication skills used in the "SUCCESS Life Coaching" program, an individual school-based clinical intervention designed to support diverse students deemed "at-risk" psychologically. The program uses a specific model designed to build trust and rapport while providing a safe and supportive environment to discuss the needs of the WHOLE student, including their sexual needs, preferences, and health supports. Designed to reach those students who feel marginalized, alienated, and/or misunderstood, the support tools (handed out during presentation) enable the student to feel empowered to create realistic, attainable goals related to sexual needs and health.

**Intended Audience:** Social Service Provider

**Level of Information:** Intermediate

**Presentation Techniques:** Lecture

### **A3 – Cyber Bullying Among Teenagers on Facebook: Response and Mechanism**

*Yaguang Zhu*

Previous studies rarely focused on bullying that happens on Facebook, thereby the current study tries to explore the phenomenon and mechanism of cyber bullying on Facebook in general, and ascertain how teenagers response themselves to cyber bullying when they see it or experience it in particular. Sexual harassment committed by teenagers is often overlooked, how teenagers response themselves to sexual harassment is elusive, which is more common and yet more easily and quickly dismissed by those involved, though its consequences for the victim can be profound. The current paper will provide literatures, frameworks and statistics for parents, teachers, and policymakers to regulate cyber bullying on social network sites, protecting students away from suffering harassment.

**Intended Audience:** Parents

**Level of Information:** Advanced

**Presentation Techniques:** Interactive

### **A4 – The Impact of Health Reform and Medicaid Expansion for Youth**

*Edgar Mendez*

This workshop will review the impacts of the 2010 Patient Protection and Affordable Care Act (including the contained Medicaid expansion) for young people. We will examine the role of federally-facilitated health exchanges, the establishment of 'high risk insurance pools' and the impact of health reform on funding for programs related to HIV prevention, education and treatment, focusing particularly on the impact for youth. Participants are expected to arrive with a basic knowledge of HIV and the Medicaid system.

**Intended Audience:** Social Service Provider

**Level of Information:** Intermediate

**Presentation Techniques:** Lecture

### **A5 – My Kid Is/Might Be Gay (A Guide for Parents of Queer/ish Kids): Dealing with Bias, Fear and Grief in Order to Give Your Kids the Space and Resources to Figure Out Who They Are.**

*Jo Langford, M.A.*

Join me for an honest and humorous talk to discuss and ask questions about how to give and get your children the information they need to keep themselves safe (from others and themselves).

It Gets Better...but the how and the when of "It" starts with parents. Join me for a discussion around how to be the best parent you can be if your kid is (or might be) gay.

**Intended Audience:** Parents

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

### **A6 – Incorporating Youth Perspectives Into Healthy Relationships Teachings**

*Stefanie Murray, MPH, L. Kris Gowen, Ph.D., Ed.M*

Skills and concepts learned during sexuality education should provide youth with the ability to identify, form, and maintain healthy relationships. But what does a "healthy relationship" look like to youth? What do youth want to learn about healthy relationships in schools? Given that Oregon recently passed a new sexuality education law that mandates the teaching of relationships, these questions are particularly relevant today. Using data collected from two recent projects we'll discuss what youth associate with healthy and unhealthy relationships, as well as what messages youth are getting about healthy relationships in health class. The data discussed will be from 1) a portion of a sexuality education assessment that included 12 focus groups conducted with Oregon high school students, and 2) focus groups with African American youth. The presentation will include suggestions and resources for ways to incorporate healthy relationships material into existing curricula, with some consideration towards using a trauma informed perspective.

**Intended Audience:** Teacher/Educator

**Level of Information:** Intermediate

**Presentation Techniques:** Lecture

## **A7 – Sex Ed Focused Guerilla Outreach: Promoting National Day to Prevent Teen Pregnancy & GYT**

**Amanda McLaughlin**

Guerrilla Outreach with GYT Flair

Join us for a community outreach project to promote health care services, advocate for safer sex and encourage people to get tested. Make awareness signs, buttons, post-its for walls and lockers, bracelets, banners, awareness ribbons and info bags. Guerrilla Outreach is a fun and interactive way to spread awareness.

Your work will be displayed around the convention center for conference attendees to view your creativity.

**Intended Audience:** Youth

**Level of Information:** Introductory

**Presentation Techniques:** Interactive

## **B1 – Contemporary Issues Affecting Trans Youth in Oregon**

**Griffin Ryan Lacy, Jenn Burleton**

The needs of transgender and gender non-conforming youth are frequently overlooked. Even within spaces designed to be safe havens for youth, the needs of gender non-conforming youth are commonly seen as being the same as those of sexual minority youth.

The average age of trans-spectrum self-realization is 8 years, while the average age of learning the “words” to communicate those feelings is 15 years. By contrast, the average age of self-realization as gay, lesbian or bisexual is 13 years. While all individuals who deviate from the gender binary are at risk for harassment and violence in homophobic and transphobic societies, youth who fall under the trans umbrella are vulnerable in different and specific ways.

This presentation will cover the unique needs of transgender and gender non-conforming youth ages 4-18, and explain how their needs differ from those of their lesbian, gay, cisgender, and gender-normative peers. It is aimed at parents, educators, and social service providers, and will cover the needs and obstacles these youth face, as well as proactive tips for making classrooms, health care offices and youth spaces inclusive and welcoming.

**Intended Audience:** Parents, Social Service Provider, Teacher/Educator

**Level of Information:** Introductory

## **B2 – Youth Speak Out in Writing**

**L. Kris Gowen, Ph.D., Ed.M, Jessica Duke, MPH**

This mini “writers workshop” is exclusively for youth. Join us to find out about how to write your story safely and effectively in order to achieve a goal and share your experiences from this conference and/or other parts of your life in a manner that keeps you safe from negative experiences. Is there an action you would like to see happen in your community? Writing can be used to promote and support youth sexual health and social justice. We will talk about “strategic sharing” in story telling, using writing for advocacy, and practice writing short pieces for possible publication (if you wish) in print or on the web. Youth please come to this session willing to share and write.

**Intended Audience:** Youth

**Level of Information:** Introductory

**Presentation Techniques:** Interactive

## **B3 – Who Am I? Developing a Healthy Sense of Self in Biracial Adolescents**

**Professor Anh-Luu Huynh-Hohnbaum, Ph.D., MSW,  
Teresa Melendrez**

Adolescence is the period of identity development and biracial youth often face challenges in integrating their biracial heritage. Healthy identity formation is associated with a strong self-esteem, which is associated with a host of developmental issues (e.g. eating disorders, delinquency, sexual behaviors). With a growing number of biracial youth, it is important to address the needs of this group. This presentation uses the ecological framework (e.g. school, family, neighborhood) to identify protective factors for biracial youth.

**Intended Audience:** Social Service Provider

**Level of Information:** Intermediate

**Presentation Techniques:** Lecture

## **B4 – You Say Tomato, I Say Tomahto: Planned Parenthood’s Youth Trainers Prepare Health Care Providers to Communicate About Sensitive Issues with Teens (Part A)**

**Joanne Alba, Jenny Russell and AHCCP Youth Educators**

The Adolescent Health Care Communication Project (AHCCP) introduces an innovative approach for health care providers to more effectively address sexuality issues with their teen patients. AHCCP is a model of positive youth development, where youth are seen as the experts who train health care professionals about what’s important to them when receiving sexual or reproductive health care. There are 2 components to AHCCP.

**Part A – Keeping It Real With your Patient** – a one-hour interactive presentation designed to inspire health care providers to question commonly held assumptions about teens and reflect on how they communicate with teens about their rights, sexual health, and responsibilities. This session is open to all ASC conference attendees.

**Intended Audience:** Health Care Provider

**Level of Information:** Introductory

**Presentation Techniques:** Interactive

## **B5 – Are There Strings Attached?: Recognizing Gender and Media Stereotypes in Friends with Benefits Relationships**

**Christina L. Scott, Ph.D., Ashley M. Terich, Irma M. Rivera, Kimberly A. Welch**

In 2011, NBC launched (and canceled) a new television series, which followed “*five friends looking for real love, but settling for the single life, including the perks of friends with benefits.*” This common theme of extending an existing friendship to include a sexual component has been featured in recent Hollywood films such as *No Strings Attached* (2010) and *Friends with Benefits* (2011). In addition, social media forums such as Facebook, Twitter, and Instagram generate millions of posts and comments about the increasing popularity of such relationships among adolescents and young adults. Although the media has made these hybrid relationships more mainstream and accepted, the overwhelming reliance on gender stereotypes when evaluating friends with benefits relationships may limit honest communication and sexual health between partners. Through this interactive presentation of empirical research, participants will learn 1) how friends with benefits relationships develop, 2) the challenges of maintaining friendships that include a sexual component, and 3) valuable communication tools, in order to promote healthier and more satisfying relationships.

**Intended Audience: Youth**

**Level of Information: Intermediate**

**Presentation Techniques: Interactive**

## **B6 – Sexualidad, Comunidad y Comunicación – Empowering Latino Youth to Promote Sexual Health**

**Molly Franks, MPH, Vanessa F. La Torre, MPH**

Latino youth and families are speaking out about sexuality. How can we better understand the factors influencing their sexual health – including family, education, employment, immigration, race, and sexual orientation – and work with them to promote healthy outcomes? The rich diversity within Latino communities provides opportunities for innovative approaches for education and empowerment. Participants will explore popular education and theater of the oppressed – two methods utilized by Opciones y Educación (OYE), the Latino Sexual Health Coalition, to engage Latino youth and families in dialogue around sexual health.

**Intended Audience: Social Service Provider**

**Level of Information: Intermediate**

**Presentation Techniques: Interactive**

## **C1 – Gender, Sexuality, and the Media**

**Teri Del Rosso, Dr. Carol Stabile, Iris Bull and Jeremiah Favara**

This presentation will focus on youth, sexuality, identity, and the media. A mix of panel presentation and workshop, the panel will identify new research in the fields of gender and sexuality as it relates to media use, and provide attendees with some media literacy tools to bring back to their organizations.

**Intended Audience: Teacher/Educator**

**Presentation Techniques: Lecture, Interactive, Panel**

## **C2 – Sexuality and Church: Room for Everyone in Faith Communities**

**Amy Johnson, MSW**

Faith communities span a continuum of openness regarding sexuality education. Some progressive Christians and other denominations embrace holistic and comprehensive curricula like “Our Whole Lives.” Other communities adamantly underscore an abstinence-only until marriage position. Still others find themselves uncertain about their mission as a faith community, have each of these factions (and more) under one roof, and wonder how to make room for everyone in their ministries.

Do you feel frustrated with your efforts to engage faith communities in sexuality education?

Are you looking for some new tools and skills to refresh your efforts?

This workshop will provide you with skills and information to help navigate the offering of sexuality education and programming to youth and families in faith communities. We will focus on skills to find common ground and an overview of various curricula that help make room for everyone in sexuality education.

**Intended Audience: For anyone wanting to work with Faith Communities**

**Level of Information: Intermediate**

**Presentation Techniques: Lecture, Interactive**

## **C3 – Am I Ready for Sex? Abstinence vs. Indulgence for the Modern Teen (ages 14-20)**

**Jo Langford, M.A.**

Don't just do it. Join me for an honest and humorous talk to discuss and ask questions about how to know when you are ready—physically and emotionally—to become sexually active. A chance to ask questions and get some guidance about what we should all ask ourselves before we become sexually active.

Learn some things you haven't heard before and find out how to slow down and make some big decisions in a smart, on-purpose way.

**Intended Audience: Youth**

**Level of Information: Introductory**

**Presentation Techniques: Interactive**

## **C4 – Oregon’s Revised Sexual Health Standards/ Benchmarks and Sexuality Education Administrative Rule: Everything You Need to Know**

**Brad Victor, MAT**

Between October 2012 and January 2013, the Oregon State Board of Education unanimously approved the revised Oregon Health Education Standards and Benchmarks for Sexual Health, k-12 and the Human Sexuality Education Administrative Rule. Reflecting an “inclusive, positive, skills-based” approach to sexual health education, the revised Sexual Health Benchmarks and the revised Human Sexuality Education Administrative Rule mirror the National Sexual Health Standards published in Jan. 2012. The workshop will allow participants to become familiar with the revised standards, benchmarks, rule and learn the importance of implementation and advocacy at the local school district level.

1. Participants will learn how to interpret and implement the revised sexual health standards and benchmarks in local schools and community education programs.
2. Participants will learn how to interpret and implement the revised Human Sexuality Education Administrative Rule in local schools and community education programs.
3. Participants will learn how to advocate for implementation of the revised sexual health and benchmarks and revised rule in their local school districts.

**Intended Audience:** Community Member, Health Care Provider, Parents, Social Service Provider, Teacher/Educator, Youth, WISE SD Teams

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

## **C5 – You Say Tomato, I Say Tomahto: Planned Parenthood’s Youth Trainers Prepare Health Care Providers to Communicate About Sensitive Issues with Teens (Part B)**

**Joanne Alba, Jenny Russell and AHCCP Youth Educators**

The Adolescent Health Care Communication Project (AHCCP) introduces an innovative approach for health care providers to more effectively address sexuality issues with their teen patients. AHCCP is a model of positive youth development, where youth are seen as the experts who train health care professionals about what’s important to them when receiving sexual or reproductive health care.

**Part B – Standardize Patient Interviews (SPI)** - youth trainers role-play a character for providers, following a pre-established list of topics and questions focused on youth sexual health. Teen trainers offer individual feedback to the providers on the SPI and their level of comfort with the provider. Due to the length of time needed for individual interviews, this session is designed for School-Based Health Care Nurses attending the conference.

**Intended Audience:** Health Care Provider

**Level of Information:** Introductory

**Presentation Techniques:** Interactive

## **C6 – Strengthening the Bonds**

**CHATpdx Sexperts, Vanessa F. LaTorre, MPH**

This interactive workshop will explore healthy relationships – addressing questions such as: “What is ‘relationship’?”, “How do we experience it?”, and “How do we navigate those conversations in our communities?” We will expand upon our understanding of the dynamics of interpersonal relationships and explore new approaches and skills that can help foster healthy interactions with significant others, friends and family.

**Intended Audience:** Youth

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

## **C7 – To Healthy People 2020 and Beyond: Critical Indicators for Improving Youth Sexual Health Outcomes in Oregon**

**LaShanda Eller, MPH, Lindsay Weaver, MPH**

In this presentation we will discuss strategies and solutions to support positive youth sexual health outcomes in Oregon, as outlined in the Healthy People (HP) 2020 objectives. Oregon’s strategies and progress in three HP 2020 Critical Indicators (Teen Pregnancy, HIV Testing and Chlamydia) will be highlighted. The presentation will utilize the social ecological framework for improving youth sexual health outcomes, illustrating how everyone has a role in improving adolescent sexual health and ensuring equity among the youth that we serve. Participants are encouraged to bring their experiences and ideas how we can meet our youth sexual health objectives.

**Intended Audience:** Health Care Provider

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

## **D1 – International Laws and Treaties of Human Rights and Sexuality**

**Loretta Ross**

This workshop will discuss recent developments in the United Nations and associated conferences that articulate standards for the human rights to sexuality, including women’s conferences, human rights conferences, and declarations on lesbian gay rights.

## **D2 – Reality vs. Perception of Adolescent Sexuality: In the Classroom & In the Community**

*Heather Johnson, Julie Patton*

We have an opportunity to teach, learn, parent and live in a community that deals with reality as opposed to teaching, learning, parenting and living in the toxic realm of perception and assumption. When working with students, many perceive adolescent sexuality behaviors as a reflection of what they see in media or with their direct peer group. When working with parents/community, many perceive adolescent sexuality behaviors based on media, their own adolescent behaviors, or what they would want their student's behavior to look like. What Heather and Julie use as a driving force to what they teach and the priorities of their students and community is the value of working in REALITY and TRUTHS.

Join us, as we show you ways to use technology (response systems) to acquire reality through anonymous questions. Students will have immediate responses to each question which offers many valuable teaching tools: real-time discussion points, immediate integration into lesson plans, and tackling the "why" of the behaviors as opposed to staying suspended in the mere "what". Get ready for monumental teaching/parenting moments, student "ah ha" moments and "awaken" parents/community to the truth of Adolescent Sexuality. The results will bring "priorities" to the surface, dismiss stereotyping, welcome social justice and the realization that "the truth shall set you free!"

**Intended Audience:** Community Member, Parents, Teacher/Educator

**Information:** Introductory

**Presentation Techniques:** Lecture, Interactive

## **D3 – I Say Porn, You Say Porn!**

*Youth for the Education and Prevention of Sexual Assault (YEPSA)*

To porn or not to porn? That is our question. YEPSA will be leading the masses through the very exciting world of pornography. We will discuss Sex and Media, the availability of porn, reality vs. porn, and history of porn, through the theatre and art.

**Intended Audience:** Community Member

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

## **D4 – From Comprehensive to Inclusive Sex Education**

*Quetzal Francois, Darcy Allder*

Our presentation discusses ways to create a safe environment that makes health and sexuality education more accessible to all students no matter who they are. As educators, we can do that through learning to use engaging and inclusive language while being aware of our mannerisms, which will in turn lead to higher retention of information in our students.

Interactive exercises, personal reflections, and group discussions will be used to create an inviting and light hearted environment to open up a dialogue about bringing inclusive sex education to comprehensive sex education. The work of being an excellent educator starts well before you enter the classroom. In this session we will provide participants with information to become a well-rounded sex educator, meaning that your own background and biases do not affect your audience.

Comprehensive sex education commonly excludes individuals from the trans, queer, intersex, and differently abled communities. We will explore methods of curriculum adaptation and vocabulary alterations that create a sex education program better suited for all types of diverse audiences or classrooms. As a group we will examine ways for creating a de-stigmatized and sex-positive environment when educating people of all ages about STI's. Finally we will discuss age-appropriate language and how to answer difficult questions both in and out of classrooms settings. Participants will leave with tools that make altering vocabulary simple so that any type of curriculum or enrollment form is more inclusive for many types of diverse audiences.

**Intended Audience:** Teacher/Educator

**Level of Information:** Intermediate

**Presentation Techniques:** Lecture, Interactive

## **D5 – Ancient Wisdom for Inner Strength**

*Nigel Wrangham, CADc II, CPS, Jackie Sandquist, MA*

Young people today receive an ongoing avalanche of messages about their bodies, their sexuality, and their very identities. Much of the information they receive, especially through mass media, is incorrect at best and destructive and toxic at worst. By identifying and embracing ancient, universal archetypes such as the inner Hero, Warrior and Sage, young people can access power and wisdom far beyond what they have been conditioned to experience. In this dynamic, interactive workshop, participants will learn how to identify the toxic, viral imprints that are so common today regarding sexuality and identity, and how to summon archetypes that provide the strength to resist negative messages and make healthy and empowered choices. Come prepared to meet yourself for the first time!

**Level of Information:** Introductory

**Presentation Techniques:** Interactive

## **D6 – Beyond a Growth Spurt and Deodorant: How Puberty Impacts the Health of Youth**

*L. Kris Gowen, Ph.D., EdM*

Puberty is a time of extreme change physically, emotionally, and socially. This interactive presentation will revolve around how gender differences during pubertal development impact and exacerbate gender roles that can affect the mental health of youth. Issues related to pubertal timing, mental health, and sexualization will be addressed through a lens that highlights how the expectations we have for our youth based on gendered assumptions may have an impact on their behavior and health decisions. A focus on the interaction between pubertal timing, weight concerns, and dating in girls will be highlighted.

**Intended Audience:** Health Care Provider, Social Service Provider

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

## **D7 – Flip the Scrip: Reframe Blame, Empowerment, Voices and Tools**

*Diana Camarillo, Dustina Haase-Lanier*

This workshop is to promote basic understanding of “Rape Cultural” and societies focus on victim blaming. Focus is to cultivate a candid discussion; of situations and circumstances to begin a shift towards perpetrator accountability. Bystander messages of intervention from youth perspectives and voices.

**Intended Audience:** Youth

**Level of Information:** Introductory

**Presentation Techniques:** Lecture, Interactive

## **E1 – International Laws and Treaties of Human Rights and Sexuality (Repeat from session D1)**

*Loretta Ross*

This workshop will discuss recent developments in the United Nations and associated conferences that articulate standards for the human rights to sexuality, including women’s conferences, human rights conferences, and declarations on lesbian gay rights.

## **E2 – Room for Youth**

*Terri Neimann, Youth Panel*

An adult facilitated panel of 6-8 youth representatives will share information on how to build a youth empowerment program. The Youth Training Youth project recruits and trains high school youth from regular, options and teen parent high school programs to learn about healthy relationships and sexual/teen dating violence prevention. YTY leaders then plan and present to high school and middle school classes and community agencies.

The interactive youth panel will discuss the project and answer questions regarding their growth/experience in their prevention presentation program. The youth panel represents youth voices from various perspectives such as gay, transgendered, ethnic minority, heterosexual community and a survivor of sexual assault. **Their message is: Room for Youth**

**Intended Audience:** Teacher/Educator

**Level of Information:** Introductory

**Presentation Techniques:** Interactive, Panel

## **E3 – How to Spot a Bully: A Hands-on Approach for Teaching Social Justice**

*Elsbeth Martindale, Psy.D., Molly Maynard*

Bullying is a challenging problem in our world, both its breadth and impact on relationships. We need ways to help students understand the qualities of bullying and the solutions for managing it. The card deck, *How to Spot a Bully*, provides a hands-on tool for making the discussion of bullying behavior more accessible and engaging. This workshop will provide a demonstration of how the cards can be used in classroom, group, family, and therapy settings to help teens identify the characteristics of bullying behavior and walk through the solution steps to solve the bullying problem. Games and activities will be “played” with the cards to help make the exploration of bullying a tangible and relevant activity.

**Intended Audience:** Health Care Provider, Social Service Provider, Teacher/Educator

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

## **E4 – Be An All-Star Facilitator – Bringing Your A-Game to Youth**

*Brandy Barnett, MS*

Effective programming is not only what you say, but how you say it! Your delivery is just as important as content. Join us for an exciting and interactive training that will equip participants with valuable information on the importance of combining three main roles/characteristics effective facilitators should utilize in implementing programs with youth. Participants will discuss how these roles will help youth feel connected, build confidence and increase competence while keeping them engaged in the program. Participants will gain additional strategies for successfully connecting with youth by incorporating one of these roles in their facilitation practices.

**Intended Audience:** Facilitators, Educators/Teachers, Youth-Service Workers, etc.

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

## **E5 – The Effects of Service Learning in Pregnancy Prevention Programs in Areas Experiencing High Levels of Health Inequities**

*Jennifer Melo, Megan Ackerman*

This workshop will explore how the Teen Outreach Program, one of the 28 best-practice pregnancy prevention programs as identified by the Office of Adolescent Health, utilizes service learning as a primary intervention strategy. Audience members will be led through a mini service learning lesson to demonstrate how service learning fits into the positive youth development model, and as a way to give insight to other education and service providers on how to begin to incorporate service learning into existing program models.

**Presentation Techniques:** Lecture, Interactive

## **E6 – Violence Gone Viral**

*HAVEN Teen Troupe, led by Anna Williams & Taylor Rosenthal, Tara Koch*

High school students from diverse backgrounds become peer educators using theater as a mode of communication. Teens come together to address tough issues like dating violence and bullying while promoting bystander intervention and positive relationships. Each member will come into the scene with a different viewpoint and contribute in his or her own way. We strive to create an atmosphere that is fun and supportive.

A short scene related to dating violence, gender bias, and sexual coercion will be presented by the Troupe. The audience is invited to participate to create successful bystander interventions, practice healthy ways to be assertive and communicate, and open each others' eyes to different perspectives. The audience is involved in proposing practical solutions, intervening in person or online, and analyzing power dynamics. This year, the audience will be encouraged to participate in a web-based intervention experience, for those that bring smart phones to the presentation. HAVEN's message is that empowered teens can make a difference by modeling healthy interactions and understanding the underlying issues that lead to sexual assault.

This will be a very interactive presentation.

**Intended Audience:** Youth

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

## **E7 – Working with Youth to have a Voice:**

### **Clackamas Youth Voice Project**

*Jessica Lawrence, Jamie Zentner*

During our presentation, we will provide an overview of how Clackamas Youth Voice, an action research project, motivated three high school youth teams to create social changes in their schools. Using Healthy Teen Survey data and results of their own research, students identified harmful behaviors and implemented projects to improve peer to peer relationships. We will share how the power of data motivated the youth to action, helped shape their message and rallied support of school administrators to address a problem in their school throughout the 2011-2012 school year. Workshop participants will experience at least two activities we implemented with youth. Lessons learned will be shared as well as an opportunity for participants to apply the information presented with their current work with youth.

**Intended Audience:** Teacher/Educator

**Level of Information:** Introductory

**Presentation Techniques:** Lecture, Interactive

## **F1 – Moving Beyond Trauma Informed to Healing Informed Practice**

*Héctor Sánchez-Flores*

The presentation will explore the multi-dimensional elements important to consider in working with youth and families who are dealing with past and present trauma in their lives.

Objectives:

- Participants will have an increased understanding of the issues of bilingual/bicultural youth and families.
- Participants will have an increased understanding of trauma from an indigenous cultural basis.
- Participants will have an increased understanding indigenous based healing as the primary resource in working with multi-problem youth and families.
- Participants will increase ability to differentiate the aspects of youth and families that are culture based from those that are a reaction to past pain or trauma in their lives.
- Finally, participants will understand the traumatic factors that can inhibit the implementation of prevention messages that youth are given in teen pregnancy prevention programs.

## **F2 – Oregon Youth Sexual Health Update**

*Jessica Duke, MPH*

Oregon released the Youth Sexual Health Plan in March 2009. This session will highlight the progress Oregon has made in promoting and supporting youth sexual health since the plan was released. We will also discuss the areas where Oregon still needs to improve, particularly around sexual health inequities. Inequities will be linked to larger issues of social justice.

**Intended Audience:** Community Member

**Level of Information:** Introductory

**Presentation Techniques:** Lecture

## **F3 – Social Media and Community Collaboration: Cyber Bullying**

*CHATpdx Sexperts, Edgar Mendez*

This workshop will emphasize the role of community partners in exposing and confronting cyber bullying. We will review avenues for de-stigmatizing the victims of cyber bullying, and creating best practices for youth to expose and respond to cyber bullying on a variety of online platforms. Participants will be expected to have basic knowledge of social media and cyber bullying.

**Intended Audience:** Youth

**Level of Information:** Intermediate

**Presentation Techniques:** Interactive

#### **F4 – Creating Your Firm Foundation; An Early Intervention Approach with Gender Non-Conforming Children**

***Elliot Witherspoon***

As an elementary school counselor trying to serve all populations in my school, I found it challenging to locate resources for children who are young (elementary aged) and gender non-conforming. I decided to start a club at school, which evolved into a small counseling group focusing on positive self-identity. The second time I led the group our focus was on building a positive foundation and participants created their worlds using the analogy of buildings. What goes into it? Dreaming, planning, reality, building, allocating resources, etc. Together, the group created everything from fantasy buildings, open to the general public to their own rooms/sacred spaces, open to only those especially close to them.

This presentation will include ideas on how to support gender non-conforming families in schools and in the community, outlines/activities for small counseling groups, (including the integration of mindfulness practice into the group), and an abridged activity in which attendees will participate in their own exploration of safety, boundaries, and sacred spaces.

**Intended Audience: Social Service Provider, Teacher/Educator**

**Level of Information: Introductory**

**Presentation Techniques: Lecture, Interactive**

#### **F5 – ¿QUEER-Y?: Is Your Sexuality Education Inclusive?**

***Molly Franks, MPH***

How do we send the message to LGBTQ students, staff, and families that our schools are welcoming? In this session, participants can share experiences and learn from others about making sexuality education inclusive of all, regardless of gender identity or sexual orientation. What barriers do people face in trying to include LGBTQ youth and families in curricula and how can we overcome them?

This session is designed for educators from schools receiving a WISE grant, but is open to anyone.

**Intended Audience: Social Service Provider, Teacher/Educator**

**Level of Information: Introductory**

**Presentation Techniques: Interactive**

# Keynote Speaker Information

## Loretta Ross



**Loretta J. Ross** was a co-founder and the National Coordinator of the SisterSong Women of Color Reproductive Justice Collective, a network founded in 1997 of 80 women of color and allied organizations that organize women of color in the reproductive justice movement. Ms. Ross is an expert on women's issues, hate groups, racism and intolerance, human rights, and violence against women. Her work focuses on the intersectionality of social justice issues and how this affects social change and service delivery in all movements.

Ms. Ross was National Co-Director of the April 25, 2004 March for Women's Lives in Washington D.C., the largest protest march in U.S. history with more than one million participants. As part of a 35-year history in social justice activism, between 1996-2004, she was the Founder and Executive Director of the National Center for Human Rights Education (NCHRE) in Atlanta, Georgia. Before that, she was the Program Research Director at the Center for Democratic Renewal/National Anti-Klan Network where she led projects researching hate groups, and working against all forms of bigotry with universities, schools, and community groups. She was one of the first African American women to direct a rape crisis center in the 1970s, launching her career by pioneering work on violence against women.

## Jenn Burleton



**Jenn Burleton** founder and Executive Director, TransActive Education & Advocacy is an outspoken advocate for trans\* and gender nonconforming children and youth, Jenn has played a primary role in raising worldwide awareness of the challenges these children and their families face.

Inspiring, humorous and motivational, Jenn is one of the most dynamic voices for trans\* child and youth issues in the world. She has guided the development of youth specific teaching tools, providing information that has both redefined and expanded understanding of how gender identity develops, is experienced and expressed by children and youth starting as young as three years old. Jenn has been recognized for her work in the books *"The Transgender Child"* and *"Far From The Tree"*.

## Héctor Sánchez-Flores



**Héctor Sánchez-Flores** is the Executive Director of the National Compadres Network (NCN) and the National Latino Fatherhood & Family Institute (NLFFI), its training and technical assistance center. For over twenty years, NCN has worked to promote the development of culturally rooted prevention and intervention services that reach fathers, children, and their families. NCN also works with national and state coalitions in efforts to eliminate family and community violence, reduce teen motherhood and fatherhood, and promote the educational success of Latino children throughout parent engagement and father-focused outreach.

# *Youth Sexual Health & Social Justice: Room for Everyone*

Thank you to the following organizations for their generous support for the  
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Planned Parenthood of the Columbia-Willamette  
Planned Parenthood of Southwestern Oregon  
PSU, Regional Research Institute \* VDAC  
Transitions Program-Innovative Services NW  
WISE in Oregon

## **Directions to Seaside**

### **From Portland International Airport:**

Take Airport Way to I-205 S  
Follow I-205 S towards PORTLAND/I-84/SALEM, merge onto I-84 W  
Take the I-5 S exit on the left towards SALEM, merge onto I-5 S  
Take the I-405 exit on the left towards US-26/BEAVERTON/CITY CENTER  
Merge onto I-405 N  
Take the US-26 W/12th AVE. exit, exit number 1D, towards Beaverton  
Merge onto US-26 W, follow US-26 W to Hwy 101 junction  
Turn right onto Hwy 101 N and follow the signs to Seaside

### **From Seattle, Washington (I-5 South):**

Take I-5 S towards Portland, OR  
Take the I-405 exit towards BEAVERTON/US-30 W/St. Helens/Ocean Beaches  
Merge onto I-405 S  
Take the US-26 W, exit number 1D, towards Beaverton  
Merge onto US-26 W, follow US-26 W to Hwy 101 junction  
Turn right onto Hwy 101 N and follow the signs to Seaside

### **From Salem, Oregon (I-5 North):**

Take I-5 N towards Portland, OR  
Take the OR-217 exit, exit #292, towards TIGARD/BEAVERTON  
Keep right at the fork in the ramp  
Merge onto OR-217 N  
Take the US-26 W exit on the left towards TILLAMOOK/ASTORIA  
Merge onto US-26 W, follow US-26 W to Hwy 101 junction  
Turn right onto Hwy 101 N and follow the signs to Seaside